



# The SONSHIP NEWSLETTER

Full Gospel Sons Church of GOD, Inc.

Founders: JESUS CHRIST and Pastor JoVah

## New Principal of Life - Self Control

Ministered by The Sweet Holy Spirit in and Through Pastor JoVah

Self Control

INSIDE June - July ISSUE

Pages

- 1 The Alpha Page - Pastoral Message
- 2 Pastoral Message Continues
- 3 Pastoral Message Continues
- 4 Pastoral Message Continues
- 5 Puzzle Page
- 6 Puzzle Page Continues
- 7 Praise Page
- 8 Encouragements
- 9 Activity Gallery
- 10 Spiritual Nourishment
- 11 Bible Study Recap
- 12 SONship Bulletin Board
- 13 About Us
- 14 The Omega - End Page

Where Jesus exhibited *Self-control*. The Lord has given me to put it in **FIVE** perspectives:

1. **The Law of God.** They brought to Him concerning the law of God; to trap Him.
2. **The Law of Government.** They came before Him, which was also to trap Him.
3. **The Law of Love,** that stood before Him.
4. **The Law of Obedience.**
5. **The Law of the Spirit,**

John Chapter 8; this is a door opener by the Lord about the woman that was taken in adultery, <sup>4</sup>*caught in the very act, brought before the Lord.* But they wasn't so much caring about the woman being a sinner, and they definitely wasn't caring about her being forgiven. <sup>6</sup>*they wanted to trap Jesus.* They were more interested in taking His life than Him taking the woman's.

Jesus could have done many things with the knowledge of why they were really there. He knew that they were there to trap Him, to be able to carry a message that Jesus did not follow the law of God. They said to Him, the woman's caught in adultery. No question. <sup>5</sup>*And Moses, the Book of law, from God, had said, we're to stone her. Now, teacher, what do you say?* And they laid a trap for Him. He didn't lose Control. He didn't get angry and say, "I know why you're here, and I know what it's all about."

But I see the Control, and you'll always see the Spirit of God. We'll see Father and Son, and we'll see the Control He had. He did something that we would not see others do. We might see them contend. We might see them fight. We might see them accuse them of wanting the woman's death, or say, you're here to trap me. But He didn't do any of that. It says in this passage, when they asked Him, now, what do you say? It said, <sup>6</sup>*They were using this question as a trap in order to have a basis for accusing Him.* That is why this first one is in the perspective before Him at this moment: They came to trap Him with the *Law of God.*

<sup>6</sup>*Jesus bent down and started to write on the ground with his finger.* If you can see the situation, and you know the crowd are waiting on a response, and they're waiting for Him to say something, *He just bent down,* in a humble position, *and begin to write on the ground.* He was not going to be as the crowd that confronted Him. And He could have said a lot of things. But He had God's Control. He didn't turn around and accuse them and call them out and said, you need to be stoned. But He let them know in His way that God give Him. He went down on the ground with His finger. <sup>7</sup>*When they kept on questioning him.* They didn't quit. You know, when someone keeps at you with something, it's like you've got to retaliate. You've got to say something. He straightened up and said to them, I'm sure something that none of them expected. <sup>7</sup>*If any one of you is without sin, let him be the first to throw a stone at her.*

Now, He didn't accuse them. He didn't do many things that a man angry would do, because I want you to see that He knew why they were there. But do you know what He was interested in? He was interested in saving this soul. He's the Savior. Remember this. He is interested in saving that soul, through the love of God, that bid him to come. And He shed His blood on the cross. And that was His interest. And He didn't stir up anymore contention, but He had the Control. He said, <sup>7</sup>*If any one of you is without sin, you be the first one to throw this stone.* <sup>9</sup>*At this, those who heard began to go away, one at a time.* It's interesting to note. It said, <sup>9</sup>*The older ones first.*



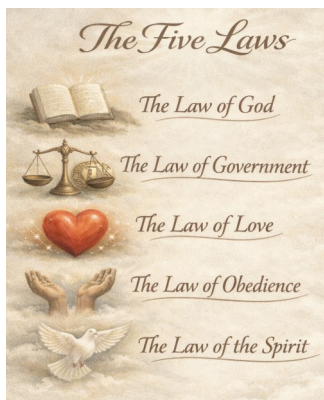
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**SERVICE TIMES:**

SONday 11:00AM & 5:00PM

Thursday: 7:00PM

Email:



Do you know, when you've lived the life a while, you've got more to think about. And they knew that there was no way they could throw that stone. Because the very law that they put to Jesus was the law that told them they were sinners and had to bring animals all the time. And they fell in their own trap. Because if they had thrown a stone, they would have told God, all of your law of bringing animals and sacrifice is a lie.

Because we're supposed to bring these and put our hand on the head of the animal and slay that animal. And the priest dip his fingers into the blood and sprinkle the blood. And this is the way that we are to be in forgiveness, for our sins are ever before us. They fell in the trap they set for Jesus. And Jesus wasn't out to trap them. But by His collected wisdom and Self-control, they fell in the very trap that they set for him. If they threw a stone, they were against God's law. <sup>9</sup>*The older ones went first, until only Jesus was left with the woman, still standing there.* <sup>10</sup>*And then Jesus straightened up and asked the woman, Where are your accusers?*

Now, it tells us after He had made His statement to them, that He again, <sup>6</sup>*He stooped down and wrote on the ground.* This was Control. This was a time when the crowd was there, asking to take a life. You've seen riots. You've seen crowds. You've seen something. And it was all pushed to Him. He didn't lose His head. He didn't move in anger. But He had God's Control. This fruit of Self-control has a Wisdom. And it also is a Spirit Control. Then they tried another thing, at another time. *The law of the government.* Now, this they wanted against Jesus, that He was against the law of God. Well, that didn't work. But now there's the law of government and taxes. How many know about that? Paying taxes to Caesar. This is in *Matthew 22:18*. But we're going to read some of this. The Pharisees went out and made plans to trap him in His words. They sent their disciples to Him along with the Herodians. Teacher, they said. Seemingly, they're giving him honor. <sup>16</sup>*We know you are a man of integrity. And that you teach the way of God in accordance with the truth. You aren't swayed by men.*

Now, listen, how craftily they put this to him. *You're not impressed by kings. And You're not impressed by thrones;* in other words. They're leading Him somewhere they want Him to go, to puff Him up. To get Him to say something that would put a noose around His neck, as to say. <sup>16</sup>*You aren't swayed by men. Because you pay no attention to who they are.* Tell us then. They've got it all laid out. <sup>17</sup>*What is your opinion? Is it right to pay taxes to Caesar or not?* Now, it says they were there to trap Him. Not the law of God now, but the law of the government. If they couldn't get Him in one way, they want to get Him in another. <sup>18</sup>*But Jesus, knowing their evil intent.* You see, this is really hard on a person's inner soul. When you know they're calling you Teacher, they're calling you Rabbi, whatever they call you, in order to get your attention, that they really look up to you. And when they lay out a pathway, they want to sway you. And all the time it's sheep in wolf's clothing.

And if you've ever come against that, you know it can infuriate you, because you can see right through that garment. And you know where they are. Jesus did tell him this. <sup>18</sup>*Knowing their evil intent, He said, "You hypocrites, why are you trying to trap me?"* A hypocrite is one that seems to have one kind of life, when really they don't. That's the sheep outside and the wolf inside; they're really trying to trap Him. They approach Him so beautifully. Teacher, we know you; You're not prejudice. You don't care about men. *Why are you trying to trap me?* He said. *You hypocrites.* <sup>19</sup>*Show me the coin.* There's always wisdom. I see the gift of wisdom that really operates in Self-control. *He said, Show me the coin used for paying the tax.*

They had separate coins at that time. And the money changers had to change coins, to put into the temple, that they thought was holy coins, dedicated the Hebrew coins. And then they had coins that was used publicly, the secular world. And that's why they had money changers; they would change those regular coins into temple coins or Hebrew coins. He said, <sup>19</sup>*"Show me the coin used for paying the tax."* Show me that coin. *And they brought him a denarius.* <sup>20</sup>*And he asked them, "Whose portrait is this? Whose picture is on this coin? And whose inscription?"* What's the writing? <sup>21</sup>*Caesar's, they replied. Then he said to them, Give to Caesar what is Caesar's.* If that's his picture and that's what you see, and that's the writing is to Caesar, then give it to Caesar. That's who it belongs to. *And to God what is God's.* And when they heard this, they were amazed. You can do more with the fruitage of Self-control, than you can with fury. You can do more when you are calm, cool and collected. And I'm going to tell you especially dramatically when you're in the Lord. Because you'll not only keep your cool, as it is stated. But you're going to bring about something that is going to benefit somebody. And He brought about a benefit. He saved a soul, and He opened man's eyes. And this was when they tried to trap Him with the *law of the government.*

Then there's *another law.* Because it isn't just when pressure was on Him, to trap Him through ways that could infuriate you, knowing people are there to trap you and putting on such a nice face. But Jesus was a man of great Love. *John 11:6* is the Key Verse. It is about the time of Lazarus. <sup>5</sup>*Now, Jesus loved Lazarus and his two sisters very much. And he heard Lazarus was very ill.* The first thing you would want to do when someone is very ill, that you love, or you've heard they've really had a bad time of sickness, you want to see them. You want to go to them, have a love for them.

This is the *Love law*, that He had with the Self-control. It had a Wisdom and a Compassion, not only for Lazarus, but for those who believed in Him. He was going to do a work. He didn't rush right out. He didn't go when they told Him. <sup>6</sup>*But He stayed. He stayed in the place he was.* They said, *He stayed for two days.* We understand the deeper message of two days in the tomb, where He did not rise to go anywhere. <sup>17</sup>*Lazarus was in a tomb.* And Jesus knew He couldn't rush in there, with those who were asking for Him to come. He loved them. *They said, (3) "Come, Lazarus is sick."* Mary and Martha loved Him. And He knew they were depending on Him to come. But He had Self-control. And He tarried. We find these fruitage work together. Remember, all of them is like one big fruit. We find *Patience.* And we find *Wisdom* is also a gift, that we find operating.

<sup>3</sup>*Lord, the one you love is sick, they said. <sup>11</sup>And when he heard this, Jesus said, this sickness will not end in death.* I see faith operating there. It is for God's glory, so that God's Son may be glorified through it. <sup>5</sup>*Jesus loved Martha and her sister and Lazarus.* And here's the thing; <sup>6</sup>*Yet, when he heard that Lazarus was sick, He stayed where he was two more days.* He didn't jump up and go. But there was Control in His actions. There was *Wisdom*, there was *Love*. And there was Control. And He tarried. He didn't jump up and rush like most would do. And I'm sure that He loved them. I am sure that He wanted to comfort them. I am sure He wanted to be with them. But He didn't rush to do that. He had *Self-control.*

<sup>7</sup>*hen he said to his disciples, "Let us go back to Judea."* <sup>8</sup>*But Rabbi," they said, "a short while ago the Jews tried to stone you, and yet you are going back there?"* And Jesus told them: <sup>9</sup>*Are there not twelve hours of daylight? Anyone who walks in the daytime will not stumble, for they see by this world's light.* He said, "I know the times and I see the light. I know when to go. For he sees by this world's light. <sup>10</sup>*It is when he walks by night that he stumbles, for he has no light.*" What's He saying? I know when to go. And I wait until it's time to go. What is this Control He had? In the face of crowds, in the face of testing, in the face of love and need for Him; what was this great Control? *The Spirit of God* Controlled, In <sup>14</sup>*So, then he told them plainly at one time Lazarus is dead.* And then He said this, <sup>15</sup>*And for your sake I am glad I was not there.* For your sake. What Controlled Him? The same thing as the Savior, not just of one. But of all. So, that you may believe. But let us go to Him, He knew the time. He knew when to walk, when it was light. When He could see, now is the time. He didn't impulsively do things. He had Control.

It amazed me, if I may use the word. When He whipped those in the temple. It said, (*John 2:17*) *The zeal of thine house had consumed me.* He didn't just go in there and begin to beat them. He went and *made a whip.* He knew what He was going to do. It wasn't an impulsive fist fight. He made what He was going to whip them with. He knew how to go, when to go and why to go and what was necessary. but He still had control. It was not an impulsive fury; that He just went in there and began to waylay everyone. No. He went and made the whip. He had Control. The *Law of Love* was strong on him. But still that *Law of Self-control.*

The *4th is the Law of Obedience.* And we come to the time that Jesus was going to be crucified. He stood before Pontius Pilate. And He went also before Herod. He went before Pilate. When he was asked if He was a king, He said, *John 18:36 "My Kingdom is not of this world. If it were, my servants would fight to prevent my arrest by the Jews."* He said, <sup>37</sup>*"You are right in saying I am the King."* Now, what Control are we seeing here? It was *obedience to the will of God.* I'm going to show you why He conversed with them, and answered them and what they were asking Him. He didn't accuse them. He didn't say, you're wrong in what you're doing to me. He didn't accuse those that carried messages back and forth. He said, *John 18:20 "I have spoken openly."* No secrets, what I teach. He said, (*21*) *ask them what I've taught.* He didn't go into it. And they hit Him upon the face for saying just that.

But when it came down to the time of suffering, in *Chapter 19.* Here's Control. When they beat Him, they whipped Him, they put thorns on His head, they mocked Him; we don't hear one thing that He said. During suffering, He didn't cry out against them, He didn't curse them, He didn't threaten them. We don't read that, It said, *Luke 23:9 He was a lamb led to the slaughter.* Like a lamb, He went. And if you read in *19:9* When Pilate heard this. And He had been through some severe pain. He went back inside the palace and He asked Jesus where do you come from? But Jesus gave him no answer.

Jesus knew His time was there. And no matter what, He said. This is the way it had to be. Jesus gave him no answer. How could a man that's suffering these things, knowing He's innocent, not begin to state his case, like an attorney? Do you know why? There was a law working here in Him. *The law of Obedience.* And He said, *Luke 22:42 Not my will, but thy will be done.* And He said, *John 12:27-28 "Shall I ask the Father to take this cup?"* He said, "I came into the world for this hour." He had a *law of Obedience* on Him, that gave Him Control. Control in the face of suffering, of pain, of beating, of mocking. He had Control.

Then the last of the teachings of *Self-control*, He could Control himself in the face of angry mobs. In the face of craftiness. In the face of Love pulling Him. In the face of; to save your life, said Pontius Pilot. Don't you know, I have power have you crucified? He controlled all the things that a man might do under pressure. Under Love pulls, under proclaiming His innocence. And in all of these times He the Control of the Spirit of God.

This last portion is about the broken bread. Jesus said, *when we take communion*. He said, *Matthew 26:26 Take, eat, this is my body*. One time, and I wish you'd hear this and retain it. When Jesus asked, *Matthew 16:13 Who do they say I am?* Peter was the one that said, <sup>16</sup>*you are the Son of God, the Christ*. He was so, so elated. He said, <sup>17</sup>*Peter, flesh didn't reveal this to you*. It wasn't man, it wasn't woman, it wasn't any flesh. He said, *My Father revealed this to you*. Jesus was one that could Control himself when He did great miracles.

The time of Transfiguration, When his body was all in glory of the resurrection life, so, white, and glistening; no bleach, no fuller, nothing on earth could make a garment that white, And yet, He said don't tell this. Pride and ego had no control of Him. But; He had *Self-control* over all that. How many times do people want to tell something beautiful that happens to them, something glorious that is about them, But He knew the Spirit would reveal it.

This is the time of the Emmaus walk. It tells us that he walked with these and talked with them in his resurrection body and life. And they *were* telling Him, without recognizing Him, all about what happened in Jerusalem. How they crucified this man, and that He was the Messiah, claimed. He didn't say, look, it's me, because there was something that was going to take place. *Luke 24:29 They bid him to stay with them.* <sup>27</sup>*he explained to them what was said in all the Scriptures concerning himself*. Now, listen. I said, through the scripture. But the time come, when He broke bread. And it said, Then the two told what had happened on the way and how Jesus was recognized by them, <sup>30</sup>*when he broke the bread*. Now, who gave that recognition of a sudden, when He broke the bread? The Holy Spirit gave them to know. The same Spirit that gave Peter to know, this is the Christ. When He rose from the tomb, that's when He was eternal life. And who gave that recognition? And that's where He had Control. Let my Father reveal to them, who I am. It will be my Father that will reveal me to the church. They will know me through the Holy Spirit. He didn't say, Look, I went through this, as me. How much a man might want to tell. But He waited. And when He broke the bread, Praise God, the Holy Father revealed through His Spirit, this is the Christ. And it said, <sup>30</sup>*when he broke the bread*.

He had the *law of the Spirit*. He had control, *Temperance, Self-control*, in all of these areas. When something glorious happens, if I can put it in these terms; which I am. If you hit the lottery, if something wonderful happened to you. And Him being in eternal life and it being evidence to the world, was better than hitting any lottery. But yet He had Control. He Controlled himself at this time. Because the breaking of the bread was to come. And He knew It wasn't time for Him to say. It was time for them to know Him through the Spirit. He had Control.

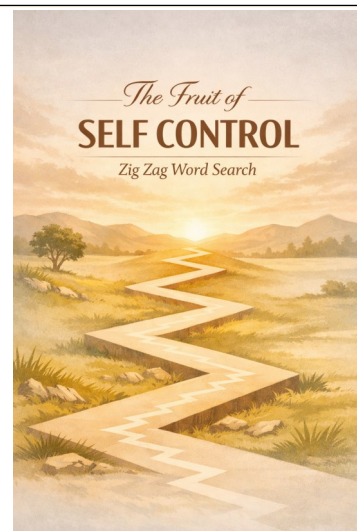


# PUZZLE PAGE

## The Fruit of the Spirit - SELF-CONTROL - Zig Zag Word Phrase Search

T H E Y W I L L K N O W M E T H R  
 R D S E L F C O N T R O L U Y L O  
 R A E R E H W X Z A P P E H T Q U  
 E H B N A E S A I D N O E T Y W G  
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 A H A M E L P H J D O M J O I Y M  
 W T J N G A H E R S N C E Y R O W  
 S O S T O N E R W H A T D O C A N  
 C V N E M D C O L L E C T I V E S

- A Woman Caught In Adultery
- Calm Cool And Collective
- Give To Caesar What Is Caesar
- Go And Sin No More
- He Had Self Control
- He Said Nothing
- He Waited Two More Days
- He Wrote On The Ground
- Show Me The Coin
- So That You May Believe
- Stone Her
- Teacher What Do You Say
- The Emmaus Walk
- The Fruit Of The Spirit
- The Law Of God
- The Law Of Government
- The Law Of Love
- The Law Of Obedience
- The Law Of The Spirit
- They Will Know Me Through The Holy Spirit
- This Is The Christ
- Where Are Your Accusers
- Who Do They Say I Am
- Wisdom



## MATCH THE SCRIPTURE TO THE FRUIT

Write the Fruit of the Spirit that best matches each scripture reference.



1 Corinthians 13:4-7 Fruit: \_\_\_\_\_

Psalm 16:11 Fruit: \_\_\_\_\_

Philippians 4:7 Fruit: \_\_\_\_\_

James 1:3-4 Fruit: \_\_\_\_\_

Ephesians 4:32 Fruit: \_\_\_\_\_

Micah 6:8 Fruit: \_\_\_\_\_

1 Corinthians 4:2 Fruit: \_\_\_\_\_

1 Peter 3:4 Fruit: \_\_\_\_\_

2 Peter 1:6 Fruit: \_\_\_\_\_



Answer Key

Love, Joy, Peace, Longsuffering, Gentleness, Goodness, Faith, Meekness, Temperance



## COMPLETE THE SCRIPTURES

Each verse below is taken from [Galatians Chapter 5 \(NIV\)](#)  
Fill in the missing words, let the scriptures settle in your heart as you recall God's Word, on the Fruits of the Spirit.

Verse 23 \_\_\_\_\_ and \_\_\_\_\_ - \_\_\_\_\_.  
Against such things there is no \_\_\_\_\_.

Verse 26 Let us not become \_\_\_\_\_, \_\_\_\_\_  
and \_\_\_\_\_ each other.

Verse 17 For the flesh desires what is \_\_\_\_\_ to  
the Spirit, and the Spirit what is \_\_\_\_\_ to the  
flesh. They are in \_\_\_\_\_ with each other, so that  
you are not to do \_\_\_\_\_ you want.

Verse 9 "A little \_\_\_\_\_ works through the whole  
batch of dough."

Verse 22 But \_\_\_\_\_ fruit of \_\_\_\_\_ Spirit is  
love, joy, \_\_\_\_\_, forbearance, \_\_\_\_\_,  
\_\_\_\_\_, faithfulness,

Verse 6 For in \_\_\_\_\_ neither  
\_\_\_\_\_ nor \_\_\_\_\_ has any value. The only  
thing that counts is \_\_\_\_\_ expressing itself  
through \_\_\_\_\_.

Verse 13 You, my \_\_\_\_\_ and \_\_\_\_\_, were  
called to be \_\_\_\_\_. But do not use your  
\_\_\_\_\_ to indulge the \_\_\_\_\_; rather, serve  
one another \_\_\_\_\_ in \_\_\_\_\_.

Verse 25 Since we \_\_\_\_\_ by the \_\_\_\_\_, let  
us keep in \_\_\_\_\_ with the \_\_\_\_\_.

Verse 18 But if you are \_\_\_\_\_ by the Spirit, you  
are not \_\_\_\_\_ the \_\_\_\_\_.

Verse 5 For through the Spirit we \_\_\_\_\_ await by  
faith the \_\_\_\_\_ for which we \_\_\_\_\_.



## A PAGE OF PRAISE

### Reflections of God's Faithfulness through PSALMS

Even in months when no personal testimonies are submitted, God's people still have a reason to praise. Our walk with the Lord is not measured only by the moments we speak aloud, but by the quiet ways He keeps us day by day. The Book of Psalms remind us that our stories are woven into His Word — stories of deliverance, strength, comfort, and hope. Every verse David penned carries the heartbeat of someone who has seen God move in the valley, in the waiting, and in the stillness.

David's writings speak for every believer who has ever walked through a trial, whispered a prayer in the midnight hour, or waited on the Lord with trembling hands and trusting hearts. His psalms echo the experiences we sometimes struggle to put into words — the fears God has calmed, the tears He has counted, the battles He has fought for us, and the mercies He has renewed morning after morning. So even when no testimonies are spoken from the pews or read from the Newsletter, the Scriptures testify for us. They remind us that God is still moving behind the scenes, still speaking to the heart, still strengthening the weary, and still faithful in every season. May these verses lift your spirit, steady your steps, and remind you that the same God who carried David is carrying you/us today.

**“I sought the LORD, and He heard me, and delivered me from all my fears.” Psalm 34:4**

A reminder that God hears us long before we speak our testimony aloud. He knows our prayers before we begin to pray, for the Word declares in *Isaiah 65:24* “*And it shall come to pass, that before they call, I will answer; and while they are yet speaking, I will hear.*”

**“The LORD is my light and my salvation; whom shall I fear?” Psalm 27:1**

A declaration of courage — His presence drives out fear. And we know that God has not given us that spirit. “*For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.*” *2 Timothy 1:7*. A testimony of God's power and love, replaces fear with strength, replaces anxiety with love, and replaces confusion with a sound mind. This becomes a part of our testimony, even if we don't speak it aloud or write it down.

**“He brought me up also out of an horrible pit... and set my feet upon a rock.” Psalm 40:2**

A testimony of deliverance, restoration, and stability. When God provides this kind of protection, we are brought out and delivered into His safety. He becomes our net, our refuge, and our Rock of salvation. And not only does He lift us out of the pit, but He also establishes us, giving us firm footing where there once was sinking ground. His deliverance is never halfway — He rescues, He restores, and He steadies us. This becomes a quiet testimony in our lives, a reminder that God is both the One who brings us out and the One who holds us up.


**“The LORD hath done great things for us; whereof we are glad.” Psalm 126:3**

A collective praise for our entire church family — God is still doing great things. Many of us have received His great work in our lives: spiritual growth, provision, complete healing, and salvation for our loved ones, and whereof we are glad. And the Word reminds us not to keep these blessings to ourselves:

“*Let the redeemed of the LORD say so...*” *Psalm 107:2* For when God moves, it becomes a testimony worth sharing — a witness that strengthens others and gives Him glory.

### Your Testimony Matters

If the Lord has done something in your life — big or small — we invite you to share it for the next issue. Your praise may be the encouragement someone else needs.

 Submit your testimony to [sonshipnewsletter@gmail.com](mailto:sonshipnewsletter@gmail.com)

# ENCOURAGEMENTS



## The Prayer Closet

*But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly. Matthew 6:6 KJV*

### Mustard Seed Faith

Belief In The Power Of Prayer

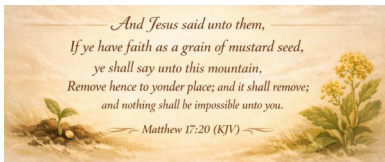
Matthew 17:20 "...if you have faith as a grain of mustard seed..."

There are moments in life when our prayers feel small — almost too small to matter. We whisper them through tears, or we send them up quietly while going about our day. But Jesus reminds us that God is not measuring the size of our prayer. He is looking at the seed of belief behind it. A mustard seed is tiny, almost easy to overlook, yet Jesus chose it on purpose to show us that even the smallest faith carries Heaven's **POWER**.

Prayer is not about perfect words or long speeches. It's about trust — the kind of trust that says, "Lord, I believe You can do something with this." When we pray with mustard-seed faith, we place our situation into God's hands, believing that He can move what feels unmovable. Mountains of fear, discouragement, sickness, confusion, or lack — none of them are bigger than the God who hears us.

And here's the beautiful part: mustard seeds grow. Every time we pray, every time we choose to believe instead of doubt, that little seed strengthens. What started as a tiny whisper of faith becomes a testimony of God's power. This is why sharing answered prayers matters — it waters someone else's seed. It reminds the whole church family that God is still moving, still listening, still faithful.

So in this Prayer Closet, let your mustard-seed faith speak. Share what God has done. Share what you're believing Him for. Your small seed may be the encouragement someone else needs to keep praying.



If you have a prayer request or a testimony of what God has done, please share it with us so we can believe and grow together.



## Poetry Corner

### LISTEN TO GOD



*Today I turned away from Sin  
You ask me—"How did I win?"  
I won the battle through Love divine  
Through caring more for God  
than man  
I won a battle  
and let me say  
When you listen to God it really  
PAYS!*

### That Little Mustard Seed

With that Little Mustard Seed,  
you can command mountains to go away  
With that Little Mustard Seed,  
you can have provision every day  
With that Little Mustard Seed,  
you can speak healing to your body  
With that Little Mustard Seed,  
you can declare salvation to your family



That Little Mustard Seed is all the faith you need  
That Little Mustard Seed can grow your belief  
That Little Mustard Seed has the power to change things  
With that Little Mustard Seed, God moves what your faith brings

By Ora

### ABOUT The Prayer Closet

A special space where our church family shares short reflections on how God has answered prayer, not full testimonies, but simple, heartfelt statements of what you prayed for and how the Lord showed Himself faithful. These brief stories inspire hope and strengthen faith, and this space also allows us to carry one another's burdens in prayer by sharing requests we can lift up together. If you feel led, please send in a short note for the next issue to:

### ABOUT The Poetry Corner

A special space to be blessed by what God gave Pastor JoVah to write poems for Him and also a special place for you. If God has given you the desire to write poetry, share it with us in the Poetry Corner! Submit your poem bless us with what God has given you. Please send your submission for the next issue to:

**SonShipNewsletter@gmail.com**

# ACTIVITY GALLERY



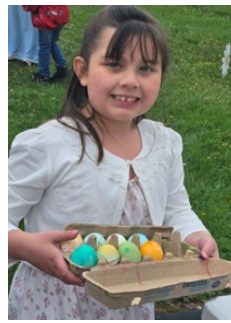
Beautiful program for Jesus by the Adult Choir.



John and Rita with their Grandbaby.



The SONday school class presents: Jesus the Good Shepherd.



The children are eagerly searching for those colorful eggs and special prizes.



Overseer Doris, Mother of the Church, with her children



Baby Wren Elise Vingle, Dedicated to the Lord on Mother's Day, May 10<sup>th</sup>



## Church Family on a Nature Walk



# SPIRITUAL NOURISHMENT - A SPIRIT FILLED SUMMER

In every season, God provides what refreshes both body and soul. These simple foods — figs, barley, honey, fish, herbs — remind us that the same God who nourished His people in ancient days still nourishes us today. In the light of summer's days, may we behold the goodness of the Lord, finding strength, rest, and renewal in His presence. A spirit-filled summer begins not just on the plate, but in the heart that receives His daily provision with gratitude.

## **CUCUMBER & LENTIL BOWL**

### **Ingredients**

- Cooked lentils
- Sliced cucumbers
- Olive oil
- Dill
- Pinch of salt

### **Directions**

Combine all ingredients and chill before serving.

## **BARLEY FLATBREAD WITH HONEY**

### **Ingredients**

- Barley flour
- Water
- Olive oil
- Honey

### **Directions**

Mix flour and water into a soft dough, flatten, and cook on a hot stone or skillet. Brush with olive oil and honey while warm.



## **GRILLED FISH WITH HERBS**

### **Ingredients**

- Fresh fish
- Olive oil
- Salt
- Mint
- Thyme

### **Directions**

Brush fish with oil and herbs, grill until golden.



## **FIG & POMEGRANATE SALAD**

### **Ingredients**

- Fresh figs
- Pomegranate seeds
- Mine leaves
- Olive oil
- Drizzle of honey



### **Directions**

Slice figs and toss gently with pomegranate seeds and mint. Drizzle olive oil and honey over top.

## **DATE & HONEY REFRESHING BITES**

### **Ingredients**

- Soft dates
- Crushed nuts (almonds or pistachios)
- Drizzle of honey
- Pinch of cinnamon

### **Directions**

Split dates open, remove the pit, and fill with crushed nuts. Drizzle lightly with honey and dust with cinnamon. Chill before serving.



## **MELON & MINT COOL BOWL**

### **Ingredients**

- Fresh melon (cantaloupe or honeydew)
- Chopped mint
- Splash of grape juice
- Squeeze of lemon

### **Directions**

Cube melon, toss with mint, and lightly coat with grape juice and lemon. Serve chilled.

## **GRAPE & HONEY SUMMER COOLER**

### **Ingredients**

- 1 cup pure grape juice (unfermented)
- 1 cup cold water
- 1 to 2 teaspoons honey
- Squeeze of fresh lemon
- Few crushed mint leaves (optional)

### **Directions**

Stir grape juice, water, and honey until blended. Add lemon and mint. Serve over ice or chill.



*"I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst": John 6:35*

# THURSDAY NIGHT - BIBLE STUDY RECAP

## THE NEW PRINCIPLE OF LIFE – SELF CONTROL

Learning from The Lord in Pastor Jo Vah's powerful teaching on living Self-Control through the Spirit

This teaching reminded us that Self-control isn't something we force. It's something the Spirit of God produces in us as we learn to respond the way Jesus did. Pastor Jo Vah walked us through several moments in Jesus' life where He stayed calm, steady, collective and Spirit-led — even when people were trying to trap Him, pressure Him, or pull on His emotions, He did not react.

He didn't react out of anger when they placed the woman before Him to challenge Him. He didn't fall for flattery or manipulation when they questioned Him about taxes. He didn't rush when Lazarus was sick, even though He loved that family deeply. He didn't defend Himself when He was falsely accused and beaten. And He didn't boast or reveal Himself right away after the resurrection — He waited for the Father to make Him known. Every one of those moments shows us something important: it shows us that Self-control is really Spirit-control. As believers in the Jesus we are to be led by the Spirit meaning we are being lead by Spirit control just as Jesus set the example for us.

So what does this example means for us:

- We don't have to match the energy of people who come at us sideways.  
Meaning, we respond from who we are in God, not from how someone else is acting. Their tone doesn't get to decide our behavior, the Spirit of God does that.
- We don't have to rush just because others expect us to move.  
Meaning, we don't let pressure, deadlines, or people's expectations push us out of God's pace. Peace is our pace-setter and God is our pace-maker.
- We don't have to explain ourselves every time we're misunderstood.  
Meaning, we don't waste energy trying to convince people who aren't listening. God will clear what needs to be cleared. We stay focused on obedience, not approval.
- We don't have to let emotions push us into decisions God didn't approve.  
Meaning, we slow down, breathe, and let the Spirit lead before we speak, react, or decide. Emotion is real, but it's not our driver, not when God's has the wheel.
- We don't have to prove anything — God reveals what needs to be seen.  
Meaning, we don't fight to be seen, heard, or validated. When it's time for something to be known, God Himself will make it known and His timing is perfect.

Jesus showed us that real Self-control is choosing to move at God's pace, speak with God's wisdom, and respond with God's peace. It's not weakness — it's strength under the Spirit's guidance. And that's the kind of Self-control we're learning to walk in day by day.



# THE SONSHIP BULLETIN BOARD

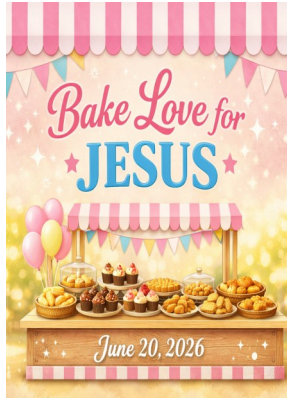
## ANNOUNCEMENTS & COMING EVENTS

### HAPPY BIRTHDAY IN JESUS

### HAPPY ANNIVERSARY IN JESUS

- JUNE 2026 BIRTHDAYS**
- 6/9 LUKE VINGEL
  - 6/11 MARCUS NARANJO
  - 6/14 CORIE CLINE

- JULY 2026 BIRTHDAYS**
- 7/1 SELAH FAITH FITCH
  - 7/7 ELISHA NARANJO
  - 7/14 BRIDGET SNIDER
  - 7/27 SAVANNA VINGEL
  - 7/29 LINDA STAHOWIAK
  - 7/31 SOPHIA VINGLE



**PRAYER REQUESTS**

- ✂ Pray for the furtherance of the SONship Ministry of Christ that God gave Pastor JoVah to carry for His Name sake.
- ✂ Pray for the Journey for Christ Radio Ministry.
- ✂ Pray for lost souls that God bring them to the Light.
- ✂ Pray for those in the Church body who needs a healing touch from God.
- ✂ Pray that God break the power of the enemy against the body of Christ, here and all over the world.
- ✂ Pray for peace of Israel.
- ✂ Pray for God's will to be done in America and it's government.



- Thursday 7:00pm Bible Study**
- Fruit of the Spirit Review June 4<sup>th</sup>
  - Fruit of the Spirit Review June 11<sup>th</sup>
  - Seven Spirits of GOD (Part 1) June 18<sup>th</sup>
  - Seven Spirits of GOD (Part 2) June 25<sup>th</sup>



## ABOUT US

### FGSCOG MISSION STATEMENT

The Full Gospel Sons Church of God is located in the heart of Ohio, in Etna. We believe in the life, death and resurrection of the Lord Jesus Christ and that He will return one day to catch away the church. Jesus is the promised Savior sent as the supreme sacrifice; to forgive and redeem us from all our sin. We have been commissioned to further the Sonship Ministry of Christ (Romans 8:14) spreading the gospel of Jesus Christ in word and deed. We invite you to share the warmth and love of Jesus as we worship the One True God. Come and take a journey for Christ with us as we grow in our community and as the body of Christ.

### LISTEN or WATCH ANYTIME

Journey for Christ Radio Ministry is available 24 hours a day on our Internet Radio Station. Visit [Journey4Christ.com](http://Journey4Christ.com) and click the Journey Radio Ministry link to enjoy continuous broadcasting of messages and biblical teaching. Watch teachings ministered by The Sweet Holy Spirit in and Through Pastor JoVah on YouTube at @JourneyforChristvideos. While you're there, feel free to subscribe to the channel.

### JOIN US IN WORSHIP

As we honor our Redeemer Jesus Christ.  
SONday Morning Worship — 11:00 A.M.  
SONday Evening Worship — 5:00 P.M.  
Thursday Night Bible Study — 7:00 P.M.

#### Service Location:

159 Cedar Park Blvd SW  
Etna, OH 43062-8478

#### Contact Information:

740-927-2838  
[lovejoyfaith@yahoo.com](mailto:lovejoyfaith@yahoo.com)

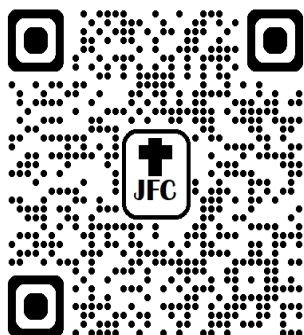


**FOOT WASHING AND COMMUNION SERVICES**  
First SONday of the Month,

The Word of The Lord to Pastor JoVah,  
that His healing would be prevalent at this time.

### VISIT AND SHARE

The Full Gospel Sons Church of God's website [fullgospelsonschurch.com](http://fullgospelsonschurch.com)  
You can also quick access by scanning the QR code.



### SUBMIT TO THE SONSHIP NEWSLETTER:

Pictures • Testimonies • Poems  
Recipes • Prayer Request • Prayer Answered  
Words of Encouragement  
Email only (no texts):

[SonShipNewsletter@gmail.com](mailto:SonShipNewsletter@gmail.com)



## THE POWER OF SELF-CONTROL

FROM AN INTERNET SEARCH

Let's reflect deeply on the life of Jesus and the quiet strength that marked His every action. The lesson of self-control is not about restraint for its own sake; it is about the Spirit's power guiding us to respond with wisdom, peace, and purpose—letting God's Word not emotions, set the standard for our response.

### The Law of God / Anchored in Divine Truth

When Jesus was confronted with the woman caught in adultery, He faced a trap meant to discredit Him. Yet, instead of reacting in anger or fear, He stooped down and wrote in the dust. That moment revealed divine calm—the kind that listens before speaking and acts from the Father's heart rather than human impulse. We must allow space for the Spirit to speak before we do, and refuse to be pushed into premature decisions. Jesus showed us that true authority flows from alignment with God's truth, not from reacting to pressure.

### The Law of Government / Self-Control in a World of Systems & Structures

When questioned about paying taxes to Caesar, Jesus again displayed perfect control. He saw through their motives and answered with truth that silenced deception: "Render unto Caesar what is Caesar's, and unto God what is God's." His words remind us that spiritual discernment is the fruit of a disciplined spirit. Jesus demonstrated wisdom to navigate earthly systems without compromising His heavenly identity. We must respond with clarity instead of being provoked into conflict. When we are disciplined enough to honor authority, we remain loyal to God above all.

### The Law of Love / That Moves at God's Pace

When news came about Lazarus, Jesus didn't respond out of emotion. He waited for the Father's timing. What looked like a delay was actually preparation for a greater glory. His love was real, but His timing was divine. Love led Him, but wisdom governed Him. This teaches us that love without self-control becomes impulse, and emotion without guidance can lead to premature actions. Jesus shows that love guided by the Spirit produces miracles; love guided by emotion produces mistakes.



### The Law of Obedience / Submits to the Father's Will

Jesus stood silent before Pilate. He could have defended Himself, but obedience to the Father's will kept Him still. His silence spoke louder than any argument. It was the obedience that carried Him through suffering without complaint. We must choose God's will over personal comfort, restrain the desire to justify ourselves, and trust that God fights for us as we stay surrendered. Obedience is not passive—it is powerful. It is the strength to stay aligned with God even when everything in us wants to react.

### The Law of the Spirit / That Flows From Communion

As Jesus walked with the disciples on the road to Emmaus, He revealed Himself through the breaking of bread. The Spirit opened their eyes. This shows us that revelation comes through communion, not self-promotion. It reminds us not to force what God intends to reveal in His timing. Jesus demonstrated that transformation happens in quiet fellowship, in the stillness of His presence. We must stay connected, yielded, and sensitive to the Spirit's leading.

Each of these laws shows that SELF-CONTROL is not weakness, it is divine strength under guidance. It is the fruit that allows love, patience, and wisdom to flourish. In a world that rewards reaction, Jesus modeled reflection. In a world that prizes pride, He chose humility. And in every test, He showed that the Spirit's control produces a life anchored in God's wisdom. May we learn to walk in that same calm, Spirit-led

control—responding not from emotion, but from the peace that passes understanding.

